

## Fearless Family of Churches

### Cultivate | Ridge Point | Third Coast

Network Resource: Generic Conversation Guide

Ministry: Discipleship

Regardless of the topic you're discussing, there are a few things you should aim to discuss/do in each of your discipling conversations. Here's a generic conversation guide to help you out.

#### Coaching Debrief (5-10 min)

**Coach** is reviewing and reflecting on what we did since our last discussion.

#### SP<sup>3</sup> Check-in: How are you doing in these areas? (10-20 min)

**Spiritually?** (*interacting with Jesus, other Jesus followers, and those who don't follow*)

**Personally?** (*Self-care, Relationships, Parenting*)

**Professionally?** (*Career, Financially*)

**Physically?** (*Mind, Exercise, Eating*)

#### Conversation Guide: Use any of the guides provided by our church (20-30 min)

**Learn** is (re)discovering information.

**Do** is acting on what we learned.

**Coach** is reviewing what we do together and evaluating how it was done.

#### SP<sup>3</sup> Check-out: How can the things we talk about help you in these areas? (5-10 min)

**Spiritually?** (*interacting with Jesus, other Jesus followers, and those who don't follow*)

**Personally?** (*Self-care, Relationships, Parenting*)

**Professionally?** (*Career, Financially*)

**Physically?** (*Mind, Exercise, Eating*)

#### Prayer (5-10 min)

Pray for each other based on your conversation.

Pray for your conversations and relationships with those who don't follow Jesus.

#### Conversational Do's

- Aim to relationally connect with God and each other.
- Honor each other's time, having a focused conversation each time you connect.
- Share your story and personal experiences to model depth and intimacy.
- Encourage each other toward growth, creating a gracious and kind environment.

#### Conversational Don'ts

- Don't feel guilty if you don't get through everything. There's no need to rush.
- Don't teach the other person - discover God's truths and next steps together.
- Don't expect to find a good rhythm in your first conversation.
- Don't try to change someone: that's the Holy Spirit's job. Your job is to love well.